

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>October</b> 	<b>1</b> Morning Social Wheel of Fortune 10:30 – 11:45am Exercises 2:30pm Activities Room Pet Visits Room Visits	<b>2</b> Morning Social 10:30am Manicures 10:30am Pope's Creek Baptist 2:00pm Jack's Treat's 3:00pm Bible Study 6:30pm	<b>3</b> Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Uno 6:30pm	<b>4</b> Morning Social Current Events 10:30am Activities Room Balloon Volleyball 2:30 – 4:00pm Activities Room Outside Trivia	<b>5</b> Beauty Shop 9:00-4:00 Morning Social Reminiscing – 10:30am Activities Room Bingo 2:30-4:00pm Dining Room	<b>6</b> Puzzles/Games Movies Football Baseball Room Visits Outside with music	
<b>7</b> Sunday School 10:00am Football Games 1:00pm & 4:25pm Room Visits	<b>8</b> Morning Social Wheel of Fortune 10:30 – 11:45am Activities Room Bingo 2:30 - 4:00pm First Baptist 7:00pm <b>Redskins-Saints 8:15pm</b> <small>Columbus Day (US)  Thanksgiving Day (Canada)</small>	<b>9</b> Morning Social 10:30am Cooking Class 10:30 Activities Room Manicures Jack's Treat's 3:00pm Bible Study 6:30pm	<b>10</b> Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Uno 6:30pm	<b>11</b> Beauty Shop 9:00-4:00 Morning Social/Current Events 10:30am <b>Carry out - Ola's</b> Balloon Volleyball 2:30 – 4:00pm Outside Trivia 6:15pm	<b>12</b> Beauty Shop 9:00-4:00 Morning Social Reminiscing – 10:30am Activities Room Bingo 2:30-4:00pm Dining Room	<b>13</b> Puzzles/Games Movies Football Baseball Room Visits Outside with music	
<b>14</b> Sunday School 10:00am Football <b>Redskins – Panthers</b> 1:00pm Room Visits	<b>15</b> Morning Social Wheel of Fortune 10:30 – 11:45am Exercises 2:30pm Activities Room Pet Visits Room Visits	<b>16</b> Morning Social Manicures 10:30am Pope's Creek Baptist 2:00pm Jack's Treat's 3:00pm Bible Study 6:30pm	<b>17</b> Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Rummy 6:30pm	<b>18</b> Beauty Shop 9:00-4:00 Morning Social/Pumpkin Painting 10:30am Balloon Volleyball 2:30 – 4:00pm Activities Room Sing Along 6:15pm	<b>19</b> Beauty Shop 9:00-4:00 Morning Social Reminiscing – 10:30am Activities Room Bingo 2:30-4:00pm Dining Room	<b>20</b> Puzzles/Games Movies Football Baseball Room Visits Outside with music	
<b>21</b> Sunday School 10:00am Rev Baylor Grants Baptist Church 2:30pm Football <b>Redskins – Cowboys</b> 4:25pm	<b>22</b> Morning Social Wheel of Fortune 10:30 – 11:45am Activities Room Bingo 2:30 - 4:00pm First Baptist Ambar 7:00pm	<b>23</b> Morning Social Manicures 10:30am Outside Ladder Toss with music 2:30 Jack's treat's 3:00 Bible Study 6:30	<b>24</b> Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Rummy 6:30pm	<b>25</b> Beauty Shop 9:00-4:00 Morning Social/Current Events 10:30am Balloon Volleyball 2:30 – 4:00pm Activities Room Sing Along 6:15pm	<b>26</b> Beauty Shop 9:00-4:00 Morning Social Garden Club 10:00am Activities Room Bingo 2:30-4:00pm Dining Room	<b>27</b> Puzzles/Games Movies Football Baseball Room Visits Outside with music	
<b>28</b> Sunday School 10:00am Horse walk-by in front of lobby 1:30pm Football <b>Redskins – Giants</b> 1:00pm	<b>29</b> Morning Social Wheel of Fortune 10:30 – 11:45am Activities Room Salvation Army Visit <b>Resident Council Meeting 2:30pm</b>	<b>30</b> Morning Social Manicures 10:30am Outside Ladder Toss with music 2:30 Jack's treat's 3:00 Bible Study 6:30	<b>31</b> Morning Social Anagrams 10:45 – 11:45am Activities Room <b>Halloween/Birthday Party 2:30pm</b> Kids Trick or Treating 6:00pm <small>Halloween to 7:30pm</small>	 <h1>October 2018</h1>			

# Westmoreland Rehab Activities

All Activities are subject to change

Thank you Staff and Volunteers for all you do