

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2018

## Westmoreland Rehab Activities

					Beauty Shop 9:00 – 4:00pm Morning Social/Current Events 10:30am Activities Room Balloon Volleyball 2:30-4:00PM Trivia 6:30pm	Beauty Shop 9:00 - 4:00pm Morning Social Anagrams 10:30am Activities Room Bingo 2:30 – 4:00pm Dining Room	Puzzles Games Movies Baseball Football Room Visits
Sunday School 10:00am Football Redskins – Falcons 1:00pm  <small>Daylight Saving Time Ends</small>	Morning Social Wheel of Fortune 10:30 – 11:45am Exercises 2:30pm Activities Room Pet Visits Room Visits	Morning Social/Trivia 10:30 – 11:45am Manicures 10:30am Pope’s Creek Baptist 2:00pm Jack’s Treats 3:00pm Bible Study 6:30pm	Morning Social “Shooting the Breeze” 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Rummy 6:30pm	Beauty Shop Morning Social/Current Events 10:30am Carry Out – Hunan’s Activities Room Balloon Volleyball 2:30-4:00PM Reminiscing 6:30pm	Beauty Shop 9:00 - 4:00pm Morning Social Anagrams 10:30am Activities Room Bingo 2:30 – 4:00pm Dining Room	Puzzles Games Movies Baseball Football Room Visits	
Sunday School 10:00am Football Redskins – Buccaneers 1:00pm Rev. Weldon 3:00pm  <small>Veterans Day (US) Remembrance Day (Canada)</small>	Morning Social Wheel of Fortune 10:30 – 11:45am Veteran’s Pinning 10:00am Exercises 2:30pm Activities Room Pet Visits/Room Visits	Morning Social Activities Room Manicures 10:30am Wii Bowling 2:30pm Jack’s Treats 3:00pm Bible Study 6:30pm	Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Uno 6:30pm	Beauty Shop 9:00 – 4:00pm Morning Social/Current Events 10:30am Activities Room Balloon Volleyball 2:30-4:00PM Trivia 6:30pm	Beauty Shop 9:00 – 4:00pm Morning Social Kids Music 10:30am Activities Room Bingo 2:30 – 4:00pm Dining Room	Puzzles Games Movies Baseball Football Room Visits	
Sunday School 10:00am Football Redskins – Texans 1:00pm	Morning Social Cooking - Cookies 10:30 – 11:45am Cooking - Pies Activities Room Pet Visits Room Visits	Morning Social Cooking Class 10:30 – 11:45am Manicures 10:30am Christmas Crafts Pope’s Creek 2:00pm Jack’s Treats 3:00pm Bible Study 6:30pm	Morning Social Anagrams 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Cards/Rummy 6:30pm	 Morning Social/Current Events 10:30am Activities Room Thanksgiving Luncheon  <small>Thanksgiving Day (US)</small>	Beauty Shop 9:00 - 4:00pm Morning Social Anagrams 10:30am Activities Room Bingo 2:30 – 4:00pm Dining Room	Puzzles Games Movies Baseball Football Room Visits	
Sunday School 10:00am Football Redskins – Cowboys 4:30pm Rev. Weldon 3:00pm	Morning Social Wheel of Fortune 10:30 – 11:45am Activities Room Resident Council Meeting 2:30pm	Morning Social/Trivia 10:30 – 11:45am Manicures 10:30am Christmas Crafts Jack’s Treats 3:00pm Bible Study 6:30pm	Morning Social “Shooting the Breeze” 10:45 – 11:45am Activities Room Bingo 2:30 – 4:00pm Dining Room Crafts 6:30pm	Beauty Shop 9:00 – 4:00pm Morning Social/Current Events 10:30am Activities Room Resident Birthday Party 2:30pm Reminiscing 6:30pm 	Beauty Shop 9:00 - 4:00pm Morning Social Garden Club 10:00am Activities Room Bingo 2:30 – 4:00pm Dining Room		

All Activities are subject to change

Thank you Staff and Volunteers for all you do.