

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><i>January 2019</i> Westmoreland Rehab Activities</p>		<p align="center">Happy New Year! Morning Social Rose Parade on TV College Football</p>	<p>Morning Social 2 Reminiscing 10:30am Activities Room Bingo 2:30-4:00pm Dining Room Cards 6:30pm</p>	<p>Beauty Shop 3 Morning Social/ Current Events 10:30-11:45am Balloon Volleyball 2:30pm Trivia 6:30pm</p>	<p>Beauty Shop 4 9:00 – 4:00pm Morning Social Reminiscing 10:30am Activities Room Bingo 2:30-4:00pm Dining Room</p>	<p>Puzzles/Games 5 Movies Room Visits NFL Football Playoff </p>
<p>Sunday School 6 10:00am Rev. Weldon 3:00pm NFL Football Playoff </p>	<p>Morning Social 7 Wheel of Fortune 10:30 – 11:45am Bingo 2:30 – 4:00pm Dining Room Pet Visits</p>	<p>Morning Social/ 8 Cooking Class 10:30am Activities Room Manicures Jack's Treats 3:00pm Bible Study 6:30pm</p>	<p>Morning Social 9 Reminiscing 10:30am Activities Room Bingo 2:30-4:00pm Dining Room Cards 6:30pm</p>	<p>Beauty Shop 10 9:00 – 4:00pm Morning Social Carry Out – Ledo's Balloon Volleyball 2:30pm Trivia 6:30pm</p>	<p>Beauty Shop 11 9:00 – 4:00pm Morning Social Anagrams 10:30am Activities Room Bingo 2:30-4:00pm Dining Room</p>	<p>Puzzles/ Games 12 Movies Room Visits NFL Football Playoff </p>
<p>Sunday School 13 10:00am Dining room NFL Football Playoff </p>	<p>Morning Social/ 14 Cooking Class 10:30 – 11:45am Reminiscing 2:30pm Pet Visits First Baptist Ambar 7:00pm</p>	<p>Morning Social/ 15 Manicures Activities Room Pope's Creek Baptist 2:00pm Jack's Treats 3:00pm Bible Study 6:30pm</p>	<p>Morning Social 16 "Shooting the Breeze" 11:00 – 12:00 Activities Room Bingo 2:30-4:00pm Dining Room Cards 6:30pm</p>	<p>Beauty Shop 17 Morning Social/ Current Events 10:30-11:45am Balloon Volleyball 2:30pm Trivia 6:30pm</p>	<p>Beauty Shop 18 9:00 – 4:00pm Morning Social Garden Club 10:00am Activities Room Bingo 2:30-4:00pm Dining Room</p>	<p>Puzzles/Games 19 Movies Room Visits</p>
<p>Sunday School 20 10:00am Rev. Weldon 3:00pm NFL Championship Games 3:00pm and 6:00pm </p>	<p>Morning Social 21 Wheel of Fortune 10:30 – 11:45am Bingo 2:30 – 4:00pm Dining Room Pet Visits</p>	<p>Morning Social/ 22 Anagrams 10:30-11:45am Exercise w/Music 2:30pm Activity Room Jack's Treats 3:00pm Bible Study 6:30pm</p>	<p>Morning Social 23 Reminiscing 10:30am Activities Room Bingo 2:30-4:00pm Dining Room Cards 6:30pm</p>	<p>Beauty Shop 24 Morning Social/ Current Events 10:30-11:45am Balloon Volleyball 2:30pm Trivia 6:30pm</p>	<p>Beauty Shop 25 9:00 – 4:00pm Morning Social Anagrams 10:30am Activities Room Bingo 2:30-4:00pm Dining Room</p>	<p>Puzzles/Game 26 Movies Room Visits</p>
<p>Sunday School 27 10:00am Dining Room Room Visits</p>	<p>Morning Social 28 Wheel of Fortune 10:30 – 11:45am Resident Council 3:00pm Dining Room Pet Visits First Baptist 7:00pm</p>	<p>Morning Social/ 29 Anagrams 10:30-11:45am Exercise w/Music 2:30pm Activity Room Jack's Treats 3:00pm Bible Study 6:30pm</p>	<p>Morning Social 30 "Shooting the Breeze" 11:00 – 12:00 Activities Room Bingo 2:30-4:00pm Dining Room Cards 6:30pm</p>	<p>Beauty Shop 31 Morning Social/ Current Events 10:30-11:45am  Resident Birthday Party 2:30-4:00pm</p>	<p align="center"> Thank you Staff and Volunteers for all you do. </p>	

All Activities are subject to change